

The Herbs Of Life: Health & Healing Using Western & Chinese Techniques By Leslie Tierra



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Herbs for life

About the Author . Linda Mix has extensive knowledge and experience in natural health, medicinal herbs and gardening. Her main goal is to help folks

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Slippery elm is a healing remedy once widely used to treat consumption, Tierra, Lesley. The Herbs of Life, Health & Healing Using Western & Chinese Techniques.

Herbs of life home page

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