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Dr Raj Persaud is a Consultant Psychiatrist who has written and broadcast widely in the mainstream media besides working as an academic and clinical psychiatrist

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About the Author. Raj Persaud is a consultant psychiatrist working in the British National Health Service at the world-famous Maudsley Hospital in south London, and

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Raj Persaud is the author of Staying Sane, Raj also appears regularly on television programmes such as Question Time, Newsnight and Tomorrow's World.

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